

# Benefits of Patient Engagement

Section 2.2



# What are the benefits of patient engagement?

**Patient engagement results in research projects that are better aligned with the actual needs of patients as your lived experience can influence the goals of research.**

*“If I can help just one person so they don’t have to go through the pain that I went through, then my time being involved in research is worthwhile.”*

**- Stephen**



# What are the benefits of patient engagement?

- **Patient involvement can give you new knowledge. Meeting with researchers and learning about current research can better prepare you for your own healthcare appointments.**
- **Patient engagement contributes to:**
  - Identifying research questions and outcomes important to both patients and clinicians
  - Recruitment and retention of study participants
  - Data collection processes
  - Understanding results
  - Result distribution



# How Patient Engagement Contributes to the Research Process



## Planning

- Identifying research topics
- Reviewing current research

## Study Design

- Identifying participants
- Improving participant access to information
- Asking questions relevant to the public
- Helping form informed consent

## Conducting Study

- Recruiting patients for the project
- Reducing barriers to participation
- Identifying patient concerns

## Analysis

- Safeguarding participant privacy and data results
- Informing analysis decisions with meaningful applications

## Distribution

- Sharing gained knowledge with community
- Using research findings in healthcare appointments
- Interpreting results in a meaningful way



# What are the benefits of patient engagement?

*“Being involved changes how you think about researchers. We put them on a pedestal, but when you sit down with them with a cup of tea, they are just like you or I, and they are very willing to listen to you.”* - **Heather**

**Engaging in research can give you valuable relationships with researchers and other healthcare professionals.**



# What are the benefits of patient engagement?

- Patient engagement encourages inclusion of your preferences, values, and cultural traditions in research projects.
- This can make research more accessible to those that can benefit from it the most and help shape the project to their liking.

*“My role is to give you feedback if it appears in my mind as a patient...I consider my role just as a patient sounding board.”*

*- Patient Partner*



# What are the benefits of patient engagement?

**Getting involved with research can improve confidence. Through research engagement you can improve your confidence in managing your own health.**

*“We all start this journey with a health condition, and you don’t think you’re ever going to get out of that hole. Involvement gives you a purpose, to stop watching TV all day and going bonkers, to do something to make a difference. Getting involved in research gave me the confidence again.” - Jim*



# References

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